



Job Description

Job Title:	Head of Performance
Reports to:	Sporting Director
Salary:	£40 - £45k
Hours:	Full time
Role Summary: The role of the Head of Performance is to oversee the sports science and medical departments of the club, leading all pitch-based and gym-based activities as part of the players' physical performance.	
Key Job Outcomes: <ul style="list-style-type: none">• Recommend staff appointments within the performance department, in consultation with the Sporting Director and the Head Coach. All staff appointments will be made by the CEO• Responsible for feedback and monitoring the physical data of each professional player, utilising the technological equipment available and ensuring recommendations are made for the physical load of each professional player within the weekly schedule• Designing, implementing and evolving individual strength and conditioning programmes, and offering sports science support to all professional players as and when required/appropriate• Line manage the Head of Medical Services at the Club to ensure efficiency and competency in our medical treatments of injuries and preventative processes• To ensure training day and match day warm ups are correctly delivered so that all professional players are correctly and fully prepared• Work with the Club's catering provider to ensure meal planning and appropriate nutrition support for the players on training and match days• Be responsible for updating the weekly team schedule for FA anti-doping purposes. Facilitate anti-doping team visits at the training ground.• Lead on all performance technology partners and feedback to Sporting Director• Design and implement sports science provisions for all scholars in conjunction with the Lead Academy Sports Scientist• Ensure that the performance department carry out all required testing for players as and when required• Attend the football departments meeting as required by the Sporting Director. Represent and update staff on all sports science and medical functions• Meet with the Head Coach, Sporting Director and CEO as required. Your direct line manager is the Sporting Director, but it is crucial that you establish and develop a good working relationship with the Head Coach and Academy Lead Sports Scientist.	
General Accountabilities <ul style="list-style-type: none">• Be responsible for own safety and not endanger that of colleagues/visitors to the workplace• Work in compliance with the Codes of Conduct, Regulations and policies of the Club, and its commitment to equal opportunities• Ensure that output and quality of work is of a high standard and complies with current legislation / standards	
Key Skills <ul style="list-style-type: none">• Good team player• Calm and flexible approach with good interpersonal/listening/communication skills	

Cambridge United FC is committed to promoting equality of opportunity for all staff. We aim to create a supportive and inclusive working environment in which all individuals can make best use of their skills, free from discrimination or harassment, and in which all decisions are based on merit.

Cambridge United FC is committed to safeguarding and promoting the welfare of children and young people and expects all staff to share this commitment

- Confidential with a commitment to quality and continuous improvement

This job description sets out the key outcomes required. It does not specify in detail the activities required to achieve these outcomes. As a term of your employment you may reasonably be expected to perform duties of a similar or related nature to those outlined in the job description.